



**DAYANANDA SAGAR COLLEGE OF ARTS
SCIENCE & COMMERCE**
Affiliated to Bangalore University



Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore, Karnataka, India, Pin Code :
560111 Phone : +91 8042161762 / 26661104 Fax: 26660789,
Website : <https://dscasc.edu.in/>

Annual Report June 2025 to May 2026

Personal Counselling & Mentoring Unit - Apthamithra

The Personal Counseling and Mentoring Cell at DSCASC, under the leadership of the Principal and faculty members, is dedicated to providing effective guidance, support, and a well-structured mentorship system. It focuses on addressing both the academic and personal needs of students. The cell has conducted several initiatives, including orientation workshops for first-year students, Faculty Development Programs (FDPs) for teaching staff, workshops for parents, and various mental health awareness programs for students.

Cell conducted following events in the year 2025-26

Sl. No.	Event Name	Date	Web link	No. of Students	Department
1	UG Induction Programe	11-07-2025	https://www.dscasc.edu.in/images/BCA/news/Ugip.pdf	720	BCA/BCom/B BA/BSc
2	Think Beyond the Time Table	09-08-2025	https://www.dscasc.edu.in/images/iqac/cell-events/Tbtt.pdf	75 – Faculties	IQAC
3	Happiness 2.0: Thriving, not surviving in CS	17-10-2025	https://www.dscasc.edu.in/images/MCA/news/cell/Htsc.pdf	77	MCA
4	Mental Health awarness Workshop	24-10-2025	https://www.dscasc.edu.in/images/BBA/new/Ypm.pdf	64	BBA
5	Stress management	09-01-2026	https://www.dscasc.edu.in/images/MCA/news/cell/stress_management.pdf	41	MCA

6	From Burnout to balance	05-02-2026	https://www.dscasc.edu.in/images/BBA/new/Bob.pdf	37 - Faculties	BBA
7	Nurturing Minds: Building Emotional resilience	17-02-2026	https://www.dscasc.edu.in/images/BBA/new/Nmbe.pdf	110	BBA
8	Empowering the mind: A mental awareness campaign	20-02-2026	https://www.dscasc.edu.in/images/BCom/new/Ems.pdf	110	BCOM
9	Personal Branding working with strenths	23-03-2026	https://www.dscasc.edu.in/images/iqac/cell-events/Orientation_on_Mentoring.pdf	99	IQAC (PG)
10	Strengthening self awareness in the Digital age	16-04-2026	https://www.dscasc.edu.in/images/BBA/new/Ssad.pdf	41	BBA
11	Meaning of Success	22-04-2026	https://www.dscasc.edu.in/images/BCA/news/Ms.pdf	79	BCA
12	Building Self Belief, Confidence and Personal Clarity	24-04-2026	https://www.dscasc.edu.in/images/BCom/new/bscp.pdf	66	BCom
13	Workshop for Parents	25-04-2026	https://www.dscasc.edu.in/images/BCom/new/PTM_ugz.pdf	100	BCom
14	Assirtivness & communication mastery for young women	28-04-2026	https://www.dscasc.edu.in/images/BCA/news/Acmy.pdf	57	BCA
15	Each Mind Matters	22-05-2026	https://www.dscasc.edu.in/images/iqac/cell-events/Each_Mind_Matters.pdf	56 - Students 34 - Faculties	IQAC

List of Mentoring Cell Members

SL No.	Name	Designation	Department
1	Dr.Gurunath	IQAC Coordinator	BCA/MCA
2	Dr.Rashmi S	Head	BCOM/ BBA
3	Dr.Monica Ranka	Member	MCOM
4	Dr.Guruprasad	Member	BSc
5	Dr.Sudarshan Savanoor	Member	BCOM/ BBA
6	Prof. Parminder kaur	Member	BCOM/ BBA
7	Prof.Sailaja Bhaskar	Member	BCA/MCA
8	Prof.Sowmya G	Member	BCOM/ BBA
9	Prof.Praveen	Member	BCOM/ BBA
10	Prof.Niveditha	Member	MBA



[Signature]
Unit Head

[Signature] 07/10/26
IQAC Coordinator
Dayananda Sagar College of Arts,
Science & Commerce
Kumara any Layout, Bengaluru - 560 111.

[Signature] 7/11/26
PRINCIPAL
Principal
Dayananda Sagar College of Arts
Science & Commerce
Kumaraswamy Layout, Bengaluru - 560 111