A webinar titled "Power of Mentoring" by Personal Counselling and Mentoring Cell was held on 1st July,2020 from 3:00 pm to 4:00 pm. In Zoom Platform. The webinar is organised for faculties of different colleges. The programme started by Welcome speech by Mrs. Usha.C.R. The speaker of the Webinar was Dr. Manoj Kumar Sharma, Professor of Clinical Psychology, NIMHANS, Bengaluru. The speaker focused on the necessity of mentorship, mentor-mentee relationship in the professional environment, enhancing self efficacy, reduction stress, career and psycho social function. It is the mental health of mentor. More than 80% of mentoring research is purely quantitative and cross-sectional which limits opportunities for mentors to discuss or explain their experiences. Mrs.Rashmi.S Assistant Professor, DSI proposed vote of thanks.

