

**Dayananda Sagar College of Arts, Science and Commerce**  
Kumaraswamy Layout, Bangalore-560078

**Monthly Report of the Department**

For the Month JULY -Year 2020

Name of HOD/Director : Dr. Suplab.K.Podder / Prof.Murgesh. B.N  
Department : BCom/ BBA

**Annexure – III**  
**Report of the Event Conducted**

Department: BCom/BBA

Date: 6/7/2020

Sl. No.	Particulars	Event related Details
1.	Event*	Webinar –ISR Cell
2.	Title of the Event	POWER OF MENTORING
3.	Date	1 <sup>st</sup> July 2020
4.	Time	3.00 to 4.00 pm
5.	Venue	Zoom Platform
6.	Resource Person 1 Details (Profile to be enclosed)	<b>Name: Dr. Manoj Sharma</b> <b>Organisation: NIMHAN'S Bangalore</b> <b>Designation: Professor of Clinical Psychology.</b> <b>Area of Expertise:Service for healthy use of Technology</b> <b>Profile:</b> Dr Manoj Kumar Sharma, Professor of Clinical Psychology , National Institute of Mental Health & Neurosciences, Bangalore, Karnataka, India. Previously he worked for All India Institute of Medical Sciences, Delhi. His area of specialization is understanding & management of technology overuse /addiction, developing assessment tool for their screening. He is credited to start the first Tech Deaddiction clinic (SHUT clinic-Service for Healthy Use of Technology)in India. He is member of World Health Organization expert group on addictive behaviors
7.	Topics Covered	POWER OF MENTORING: Why do we need mentorship? What is mentorship Role? Stages of mentorship.
8.	Resource Person 2 Details (Profile to be enclosed)	NA
9.	Topics Covered	NA

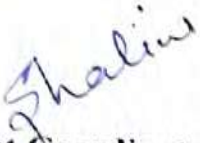
Sl. No.	Particulars	Event related Details			
10	<b>No. Faculty Participants</b> (Enclose a copy of names with signatures)	Internal:	08	External:	63
11	<b>No. Student Participants</b> (Enclose a copy of names with signatures)	Internal:	Nil	External:	Nil
12	<b>Faculty Coordinator/s</b>	Prof. Shalini Kumari Rawani and Prof. Meghana C			
13	<b>Student Coordinator</b>	NIL			
14	<b>Total Expenditure</b> (Details to be enclosed)	NIL			
15	<b>Sponsors and Amount</b> (if any)	NIL			
16	<b>Agenda of the Event</b> (Attach a copy)	<ol style="list-style-type: none"> <li>1. Importance of Mentorship.</li> <li>2. Concerns for online mentorship.</li> <li>3. How can I become a good mentor for my student?</li> </ol>			
17	<b>Report uploaded on college website? If yes, give details:</b>	NA			
18	<b>Report sent to media? If yes, give details:</b>	NA			
19	<b>Report uploaded in Social Media? If yes, give details:</b>	NA			
20	<b>Certificates Printed?</b> (Attach a copy**)	Yes			
21	<b>Feedback Collected?</b> (Attach a copy**)	Yes			
22	<b>Attendance Sheet Attached? "</b>	Yes			
23	<b>Summary of the Event</b> (Minimum 100 words)	<p>A webinar titled "Power of Mentoring" by Personal Counselling and Mentoring Cell on 1<sup>st</sup> July, 2020 from 3:00 pm to 4:00 pm. Dr. Manoj Kumar Sharma, Professor of Clinical Psychology, NIMHANS, Bengaluru consented to be the speaker of this seminar. The speaker focused on the necessity of mentorship, mentor-mentee relationship in the professional environment, enhancing self efficacy, reduction stress, career and psycho social function. It is the mental health of mentor. It has to be seen in the background of 10.6% of Indian got mental health issues. More than 80% of mentoring research is purely quantitative and cross-sectional which limits opportunities for mentors to discuss or explain their experiences. Online mentorship platforms have emerged for academic to career. Till now it was used as an adjunct, but now it may become the predominate form of mentorship program. Online mentorship offer flexibility, allow mentee to overcome their anxiety. Total 71 participants got benefited by this webinar. Finally the session was ended with discussions, question and answers with the participants.</p>			
24	<b>Photographs of the Event</b> (At least 10 relevant, clear, and appropriate photos with title and explanation. The jpg files need to be attached)				

**Notes:**

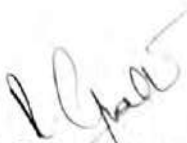
- \* Seminar / Workshop / Symposium / Conference / Cultural Fest / Quiz / Sports / Literature Fest, etc.
- \*\* Format Copy need to be attached and hard copy need to be filed
- " Original sheet need to be filed and scanned copy should be attached

**PS:**

- ❖ Whichever column is not applicable, write as NA.
- ❖ If the nothing is done / gained / spent, write as No/Nil.



Event Coordinator



IQAC Coordinator



HOD/Director



Principal



Dayananda Sagar College of Arts, Science, and Commerce  
 Department of Commerce and Management – UG (BU)  
 Shavige Malleshwara Hills, Kumaraswamy Layout  
 Bangalore-560 078

**Internal Quality Assurance Cell (IQAC) &  
 Personal Counselling & Mentoring Cell (Aptamitra)**

In Collaboration with  
**Institutional Social Responsibility (ISR) Cell – (DISHAA)**

Organizes  
 Webinar

on

**"Power of Mentoring"**

No Registration Fees,  
 E-Certificates will  
 be provided



Date: 1st July 2020  
 Time: 3 PM to 4 PM

**Dr. Manoj Sharma**

Professor of Clinical Psychology, SHUT clinic (Service for Healthy use of Technology)

**Registration Link:**

<https://forms.gle/2pkFBZGiQBWTMqGX6>

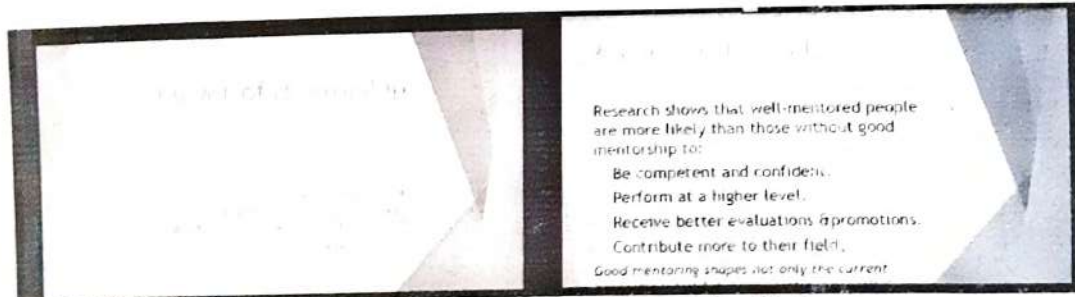
**Faculty Organisers:**

Personal Counselling and Mentoring  
 cell - Aptamitra  
 Prof. Rashmi S  
 Prof. Usha C R

ISR - DISHAA :  
 Prof. Shalini Kumari Rawani  
 Prof. Meghana C

Principal | Director | HOD's | Faculty

**Event Poster**



Presentation Pic 1

Presentation Pic 2



Participants pic.



Registration Details