

DAYANANDA SAGAR COLLEGE OF ARTS SCIENCE AND COMMERCE

Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560082
Internal Quality Assurance Cell (IQAC) Cell

CIL Training on Personal Effectiveness

Department: 1st Semester B.Com

Date: 30/07/2018

31/07/2018

3/08/2018

10/08/2018

7/09/2018

Sl. No.	Particulars	Event related Details			
1.	Event*	Workshop			
2.	Title of the Event	CIL Training on Personal Effectiveness			
3.	Date	30 th and 31 st July, 3 rd and 10 th August, 7 th September 2018			
4.	Time	9:30am to 02:00pm			
5.	Venue	4 th Floor, Dr. C.D Sagar Building			
6.	Resource Person 1 Details** (Profile to be enclosed)	Mr Michael Free-lance soft skills trainer (Profile enclosed)			
7.	Topics Covered	Goal Setting, Self-Motivation, Time Management, Positive thinking, Self Confidence			
8.	Resource Person 2 Details** (Profile to be enclosed)	Mr Sonesh Free-lance Behavioural Trainer (Profile enclosed)			
9.	Topics Covered	Goal Setting, Self-Motivation, Time Management, Positive thinking, Self Confidence			
10.	No. Faculty Participants (Enclose a copy of names with signatures)	Internal:	NIL	External:	NIL

Sl. No.	Particulars	Event related Details			
		Internal:		External:	
11.	No. Student Participants (Enclose a copy of names with signatures)	Internal:	270	External:	NIL
12.	Faculty Coordinator/s	Prof. Srabasti Ghosh			
13.	Student Coordinator/s	Ms. Divya Shree			
14.	Total Expenditure (Details to be enclosed)	NA			
15.	Sponsors and Amount (if any)	NA			
16.	Agenda of the Event (Enclose a copy)	NA			
17.	Report uploaded on college website? If yes, give details:	No			
18.	Report sent to media? If yes, give details:	No			
19.	Report uploaded in Social Media? If yes, give details:	No			
20.	Certificates Printed? (Enclose a copy ^{***})	Yes			
21.	Feedback Collected? (Enclose a copy ^{***})	No			
22.	Summary of the Event (Minimum 100 words)	This workshop was conducted for first semester BCom students and was organised by CIL. The event was conducted to help students use Specific, Measurable, Attainable, Realistic and Timely (SMART) goals; to make them Start Small and build from there and set realistic deadlines. It would motivate oneself by remembering success, removing distractions and rewarding oneself. It is important to overcome procrastination by managing time and tracking your progress. All this can be achieved by the use of the four P's of Positive, Personal, Possible and Prioritized and by applying 15 min rule. The event emphasized on identifying Strengths, Taking Risks, Using Self-Talk, and Self-Evaluation.			
23.	Photographs of the Event (Attached)	Yes			

Notes:

* Seminar / Workshop / Symposium / Conference / Cultural Fest / Quiz / Sports / Literature Fest, etc.

** Name / Organization / Designation / Area of Expertise

*** Format Copy need to be attached and hard copy need to be filed

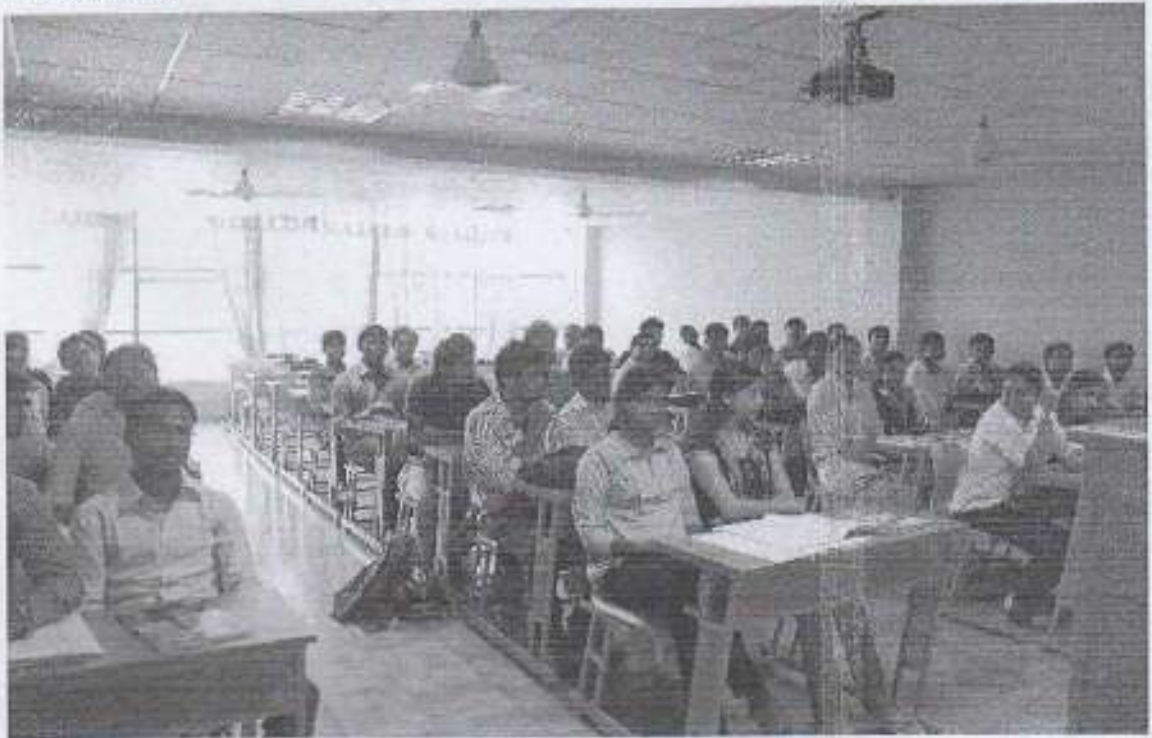
PS: Whichever column is not applicable, write as NA.


Event Coordinator


IQAC Coordinator


Principal

Photographs



Students listening to the speakers



Students working in teams on an assignment given during the workshop

DAYANANDA SAGAR INSTITUTIONS
CENTRE FOR INNOVATION AND LEADERSHIP

Department: _____ Unit: _____
Semester / Section: _____ Batch: _____ Date: _____

Sl. No.	NAME IN CAPITAL LETTERS	SIGNATURE	
		09:30 AM - 12:30 PM	1:30 PM - 04:30 PM
26	PRANAV V	<i>[Signature]</i>	<i>[Signature]</i>
27	DEEPAK A	<i>[Signature]</i>	<i>[Signature]</i>
28	SALESH S	<i>[Signature]</i>	<i>[Signature]</i>
29	ABHISHEK N	<i>[Signature]</i>	<i>[Signature]</i>
30	NOHAN N	<i>[Signature]</i>	<i>[Signature]</i>
31	SANJAN S	<i>[Signature]</i>	<i>[Signature]</i>
32	S SHARATH Gowda	<i>[Signature]</i>	<i>[Signature]</i>
33	SHIVASHARAN M M	<i>[Signature]</i>	<i>[Signature]</i>
34	PRATWAL H R	<i>[Signature]</i>	<i>[Signature]</i>
35	DEEKSHITH L	<i>[Signature]</i>	<i>[Signature]</i>
36	R SHAKTINEEL NITHESH	<i>[Signature]</i>	<i>[Signature]</i>
37	HITHAISH M	<i>[Signature]</i>	<i>[Signature]</i>
38	MANOJ KUMAR S	<i>[Signature]</i>	<i>[Signature]</i>
39	BEVENDEA REDDY P	<i>[Signature]</i>	<i>[Signature]</i>
40	SRI HANESH C S	<i>[Signature]</i>	<i>[Signature]</i>
41	KARTHIK S	<i>[Signature]</i>	<i>[Signature]</i>
42	MANJESH KUMAR	<i>[Signature]</i>	<i>[Signature]</i>
43	SUPREETHA VAISHNAV V	<i>[Signature]</i>	<i>[Signature]</i>
44	DISHA PRARASH	<i>[Signature]</i>	<i>[Signature]</i>
45	CHANDANA VARSHA M	<i>[Signature]</i>	<i>[Signature]</i>
46	Sreyan M	<i>[Signature]</i>	<i>[Signature]</i>
47	Pranav Bhawani E	<i>[Signature]</i>	<i>[Signature]</i>
48	NEDA KISHU	<i>[Signature]</i>	<i>[Signature]</i>
49	KASHINATH P	<i>[Signature]</i>	<i>[Signature]</i>
50	NANDAN KUMAR S	<i>[Signature]</i>	<i>[Signature]</i>



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Department: B Com

U.Y: 2

Semester / Section: I - C

Batch: 2018 - 2021

Date: 10.8.18

Sl. No.	NAME (IN CAPITAL LETTERS)	SIGNATURE	
		ON JAM	10 PM ON JAM
1	RANJINI S	Ranjini S	Ranjini S
2	SANTANA SHEKAR	Santana	Santana
3	YASHASWINI P	Yashaswini	Yashaswini
4	CHAGANA BRI B.N.	Chagana	Chagana
5	VARNITHA S	Varnitha	Varnitha
6	A. SHREE VAISHNAVI.	A. Shree	A. Shree
7	OHIVANI K	Ohivani	Ohivani
8	THANUSHI T.N	Thanushi	Thanushi
9	KRISHNAPRIYA E.T	Krishnapriya	Krishnapriya
10	MONICA B.KODIGE	Monica	Monica
11	SIMREN SIMKA	Simren	Simren
12	DHANAKSHMI V	Dhanakshmi	Dhanakshmi
13	VINITHA K	Vinitha	Vinitha
14	SAHANA H.D	Sahana	Sahana
15	DAMINI R	Damini	Damini
16	SAHANA B	Sahana	Sahana
17	MUGHANA P. DURGAMATHI	Mughana	Mughana
18	VANDANA S	Vandana	Vandana
19	BRUNDHA S	Brundha	Brundha
20	JAINAVI P	Jainavi	Jainavi
21	TRAPOLI V	Trapoli	Trapoli
22	DEEKSHA B.S	Deeksha	Deeksha
23	PRITHVI B.R.	Prithvi	Prithvi
24	MANOJ R. HEBBAR	Manoj	Manoj
25	VIKAS U	Vikas	Vikas



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Setting Bench Mark