

DAYANANDA SAGAR COLLEGE OF ARTS SCIENCE AND COMMERCE
Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560082
Internal Quality Assurance Cell (IQAC) Cell
WOMEN DIGNITY CELL- SHAKTHI

Department: MCA

Date: 24/5/24

Sl. No.	Particulars	Event related Details			
1.	Event*	Workshop for Women Students by Shakthi			
2.	Title of the Event	Be Your Own Boss (BYOB) Personality Development Workshop for Women			
3.	Date	24-5- 2024			
4.	Time	2:15 PM to 3:15 PM			
5.	Venue	Seminar Hall, Building No 17, Department of Computer Applications			
6.	Resource Person 1 Details**	Ms. Tanya Kushwaha Counselor and Psychotherapist, Whisper and Gillette Venus			
7.	Topics Covered	How to Be your own boss, How to improve confidence level in dressing and thinking, How to take care of your physical and emotional self.			
8.	Resource Person 2 Details**	NA			
9.	Topics Covered	NA			
10.	No. Faculty Participants	Internal:	5	External:	0
11.	No. Student Participants	Internal:	29	External:	0
12.	Faculty Coordinator/s	Name : Dr. Kumudavalli Designation : Professor & Deputy Director Department : Department of Computer Applications, DSCASC Name : Ranjini K S Designation: Assistant Professor Department: Department of Computer Applications, DSCASC			
13.	Student Coordinator/s	Harshitha (U03CJ22S0030) & Samanvitha Acharya (U03CJ22S0062), I Semester, IV Sem BCA			
14.	Total Expenditure	Nil			
15.	Sponsors and Amount (if any)	NA			

	Particulars	Event related Details
	Program Schedule of the Event attached?	NA
17.	Report uploaded on college website?	Yes
18.	Report sent to media? If yes, give details:	No
19.	Report uploaded in Social Media?	Yes
20.	Certificates Printed?	
21.	Feedback Collected?	Yes
22.	Attendance Sheet Attached?	Enclosed Below
23.	Summary of the Event	A "Be Your Own Boss (BOYB)" workshop at Dayananda Sagar College of Arts, Science and Commerce was directed at 29 women students. Led by Ms. Tanya Kushwaha from Whisper and Gillette Venus, it focused on mental resilience and physical well-being. Strategies included positive self-talk, goal-setting, and mindfulness. Discussions on personal grooming and body positivity were also held. Interactive activities aided in practicing confidence-building techniques. The session concluded with thanks and participants received goodies bags with Whisper sanitary pads and Gillette coupons. The event garnered appreciation, with attendees expressing interest in future workshops.
24.	Photographs of the Event	Enclosed Below

Admin
Cell Head

Rajini
Event Coordinator

Kurude
Deputy Director

Tanya Kushwaha
29/05/24
IQAC Coordinator

[Signature]
Vice-Principal

PHOTOS





Bengaluru, Karnataka, India
MCA Dept BU, 4th A Cross Rd, 1st Stage, Kumaraswamy Layout, Bengaluru, Karnataka 560078, India
Lat 12.907539°
Long 77.565729°
24/05/24 02:29 PM GMT +05:30

GPS Map Camera



Bengaluru, Karnataka, India
WH58+26Q, 1st Stage, Kumaraswamy Layout, Bengaluru, Karnataka 560078, India
Lat 12.907617°
Long 77.56562°
24/05/24 02:27 PM GMT +05:30

GPS Map Camera

DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE

Department of Computer Applications - MCA

Women Dignity Cell - "SHAKTHI"

Workshop - "BYOB - Personality Development & Wellbeing"

Date: 24.05.2024

Course : MCA

SL. NO.	REG.NO.	STUDENTS NAME	SIGNATURE
01	P03CJ23S126092	SARASWATHI .D.	Saraswathi .D.
02	P03CJ23S126104	SWATI .S. BAADKAR	Swati
03	P03CJ23S126003	ACHAL VIJAY NAVALKOR	Achal
04	P03CJ23S126009	ANKITA SHIWANI	Ankita Shiwani
05	P03CJ23S126066	Pallavi .A	Pallavi .A.
06	P03CJ23S126078	Rahma	Rahma
07	P03CJ23S126093	Shalini .S.K	Shalini
08	P03CJ23S126013	Bhanati Bhat	Bhanati
09			
10	A.P03CJ23S126006	Amya hassan	Amya
11	P03CJ23S126063	Neethu .A.R.S	Neethu
12	P03CJ23S126108	Vaishnavi .S	Vaish
13	P03CJ23S126068	Nithya Shree .J	Nithya
14	P03CJ23S126101	Subanya .Y	Subanya .Y
15	P03CJ23S126098	Sindhu H.K	Sindhu
16	P03CJ23S126030	Elshika Shojpai	Elshika
17	P03CJ23S126017	Chandana T.V	Chandana
18	P03CJ23S126015	Keerthana K	Keerthana K.

SL. NO.	REG.NO.	STUDENTS NAME	SIGNATURE
19		Rakshitha C U	
20		Deepika P	
21		Harshitha	
19	P03CJ23S126081	Rakshitha.C.U	<u>Rakshitha</u>
20	P03CJ23S126021	Deepika.B	<u>Deepika B</u>
21	P03CJ23S126042	Harshitha.V	<u>Harshitha.V</u>
22	P03CJ23S126080	Rakshitha.B.T	<u>Rakshitha</u>
23	P03CJ23S126113	Jamuna C.B	<u>Jamuna</u>
24	P03CJ23S126064	Nekhita.M.C	<u>Nekhita</u>
25	P03CJ23S126086	Sadhana Subbannava	<u>Sadhana</u>
26	P03CJ23S126116	Neha.M	<u>Neha</u>
27	P03CJ23S126069	Pooja.M	<u>Pooja</u>
28	P03CJ23S126015	Bhoomika.D	<u>Bhoomika</u>
29	P03CJ23S126004	Aishwarya A.P	<u>Aishwarya A.P</u>
30	P03CJ23S126007	Anulya.M	<u>Anulya</u>
31	P03CJ23S126008	Anitha.K.N	<u>Anitha.K.N</u>
32	P03CJ23S126031	Esha.G.B.	<u>Esha.G.B.</u>
33	P03CJ23S126041	Harshitha.S	<u>Harshitha.S</u>
34	P03CJ23S12604		