

## Yoga Program - Transforming failures to opportunities

### Title: "SETBACK TO COMEBACK"

Date: 10<sup>TH</sup> DECEMBER 2020

Resource Person: **Youth Empowerment club ISKON**

10-12-2020	MrsYouth Empowerment club ISKON
	How to stay focused on the new style of learning through online platform. how to deal with obstacles and make a strong comeback to lead a purpose of oriented life
	A Valuable tool for Self-Management - Inner Connect"

#### A Valuable tool for Self Management - Inner Connect"

##### Topics Covered:

- How to stay focused on the new style of learning through online platform.
- how to deal with obstacles and make a strong comeback
- to lead a purpose of oriented life

Summary: • **Focus Your Vision. Where you focus your energy determines where you will go. ...**

- **Make A Decision. Both success and failure are decisions. ...**
- **Take Action. A decision without action is simply an illusion. ...**
- **Keep The Desire.**
- **Students could also learn about how face the facts...the last few months have been economically challenging for most people around the globe. We've gone through financial crises unlike anything most of us have seen in our lifetimes. This gives us an energy to uplift ourselves. That means we must continue to Go and Grow Through the process to turn this setback into a stellar comeback!**

**Organized by:** Yoga and Meditation Cell

**Venue:** MBA-BU 6<sup>th</sup> Floor (WEBINAR)

**Faculties Attended:** 15

**Students Attended:** 85

**Photos:**



**DAYANANDA SAGAR**

College of Arts, Science & Commerce

**Department of Management Studies (MBA-BU)**

Presents a Webinar

# **SETBACK TO COMEBACK**

**STAY POSITIVE • ELIMINATE EXCUSES  
TRANSFORM FAILURES INTO OPPORTUNITY**

Register: <https://bit.ly/DSI-MBA-BU-SBCB>

Time: 10.15 AM to 11:15 AM

Date: 10th December'2020, Thursday

E-certificate will be awarded to all participants

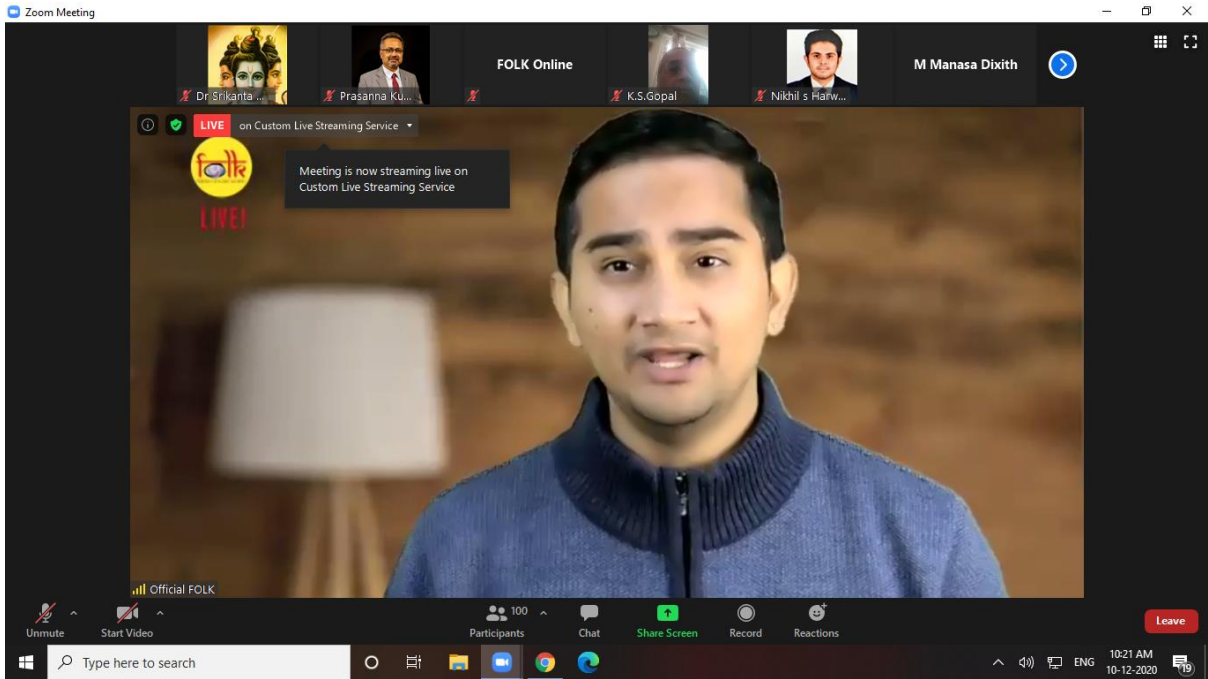


Convener

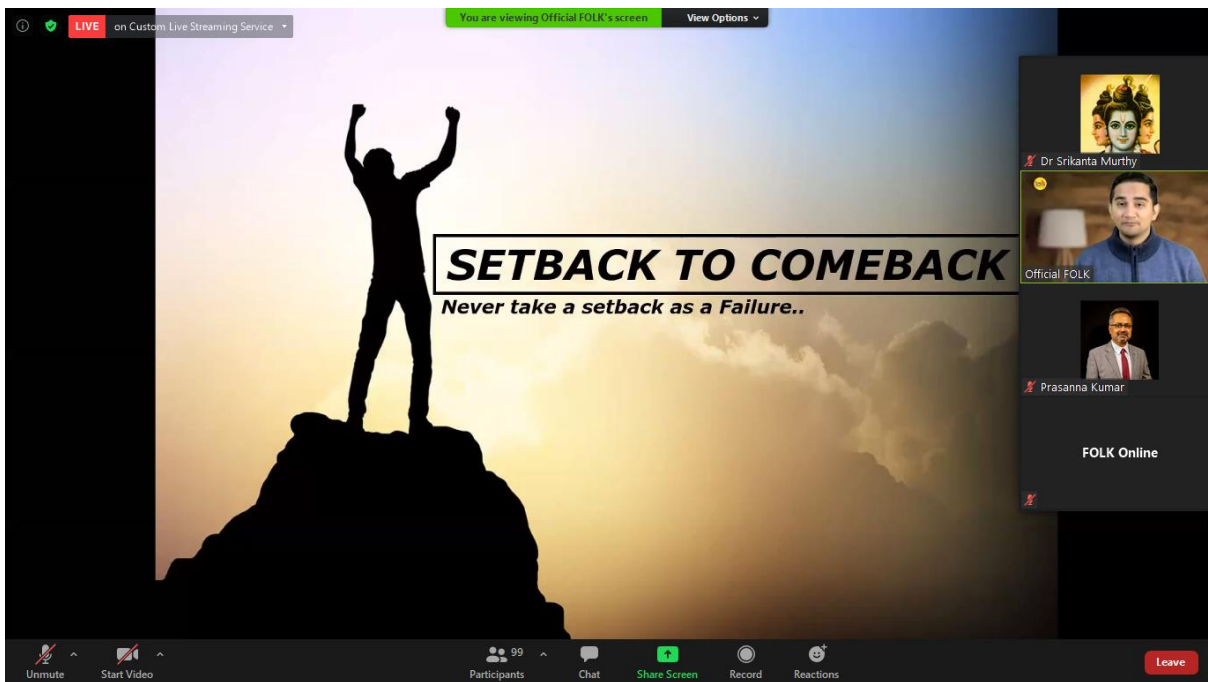
**Dr. B.R. Venkatesh**

Director, MBA- BU Program

**A brochure on the SETBACK TO COMEBACK SESSION**



Resource person explaining about the session



Resource person briefing about setback to comeback

LIVE on Custom LiveStreaming Service

You are viewing speaker's screen View Options

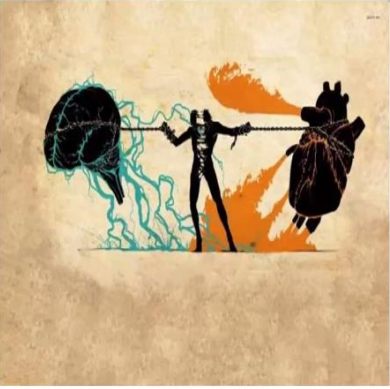
## There are three types of setbacks:

**1. Internal setback**

"setback" that arise due to limitations within oneself.

**Example:**

*A 18-year old man hangs himself after not getting enough likes on TikTok videos.*



Setback to Comeback FOLK Bangalore

Unmute Start Video Participants 100 Chat Share Screen Record Reactions Leave

Dr Srikanta Murthy speaker Prasanna Kumar FOLK Online

Resource person explaining about various types of setbacks like internal external and both

LIVE on Custom LiveStreaming Service

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**J K Rowling**



Setback to Comeback FOLK Bangalore

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Dr Srikanta Murthy speaker Prasanna Kumar FOLK Online

Resource person explaining about how one could come out of internal setback