

# DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE

Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560082

Internal Quality Assurance Cell (IQAC) Cell

Placement Cell - (Gamy) – “A Webinar on Life Skills”

Department: BCA

Date: 07/09/2021

**Summary:** In association with Centre of Innovation and Leadership -CIL Department of BCA has conducted a webinar on “Life Skills” by Mr. Somiron Mitra who is a trainer and coach in learning and development. The webinar was conducted for 2<sup>nd</sup> BCA students. The topic covered were Creative thinking, Interpersonal Skills, Problem Solving, Art of Storytelling, Presentation Skills, Interview Skills, Management of Stress and Emotions etc. The speaker made sure that all the students interacted and participated in the activities he conducted. He rewarded the students for their participation. He gave few words and told them to make up a story. Masum of 2<sup>nd</sup> BCA participated with enthusiasm and interacted with the Speaker. Overall, the entire session was loved by the students.

DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE  
CENTRE FOR INNOVATION AND LEADERSHIP  
DEPARTMENT OF TRAINING AND PLACEMENTS

Invites students for a  
**WEBINAR**  
on Tuesday 7<sup>th</sup> September, 2021 @ 10 AM

on  
**Life Skills**

in association with  
**BARCLAYS**

for  
**2<sup>nd</sup> Semester BBA, BCA and B.Com Student's**

01 Problem Solving  
02 Decision Making  
03 Creative Thinking  
04 Critical Thinking  
05 Self Awareness  
06 Empathy  
07 Interpersonal Relationship  
08 Good Communication  
09 Management of Stress  
10 Management of Emotion

Speaker: **Somiron Mitra**

**CIL**  
Setting Bench Mark

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Dayananda Sagar College of Engineering  
Shavige Malleshwara Hills, Kumaraswamy Layout  
Bangalore - 560 111

Dayananda Sagar Academy of Technology and Management  
Opposite to Art of Living International Centre  
Kanakapura Road, Udayapura, Bengaluru - 560 082

Dayananda Sagar University  
Hosur Main Road, Kudlu Gate  
Bagur Hobli, Bengaluru - 560 114

Photo1: Brochure of the Event “Life Skills”

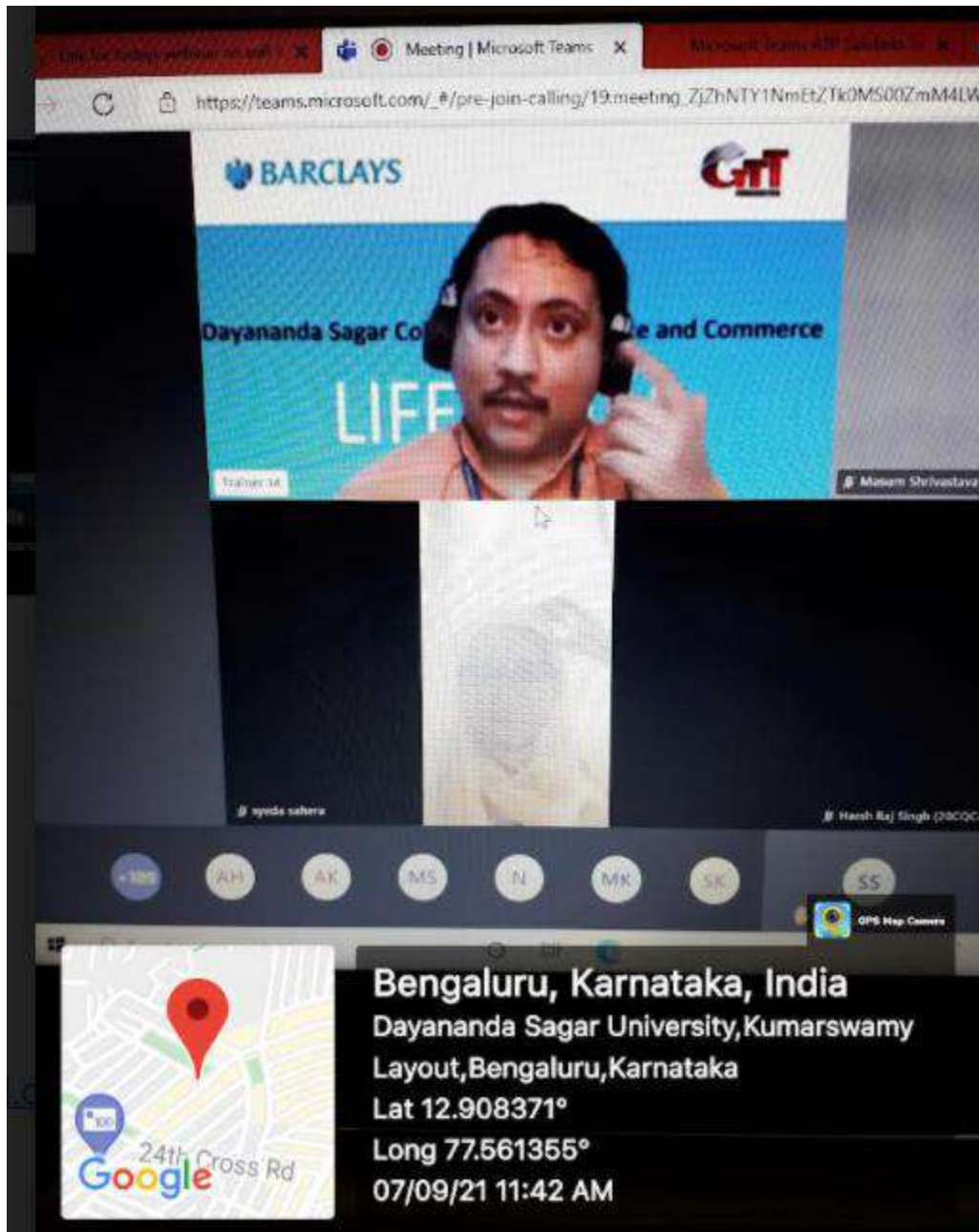


Photo2: Speaker Mr.Somir Mitra addressing the students

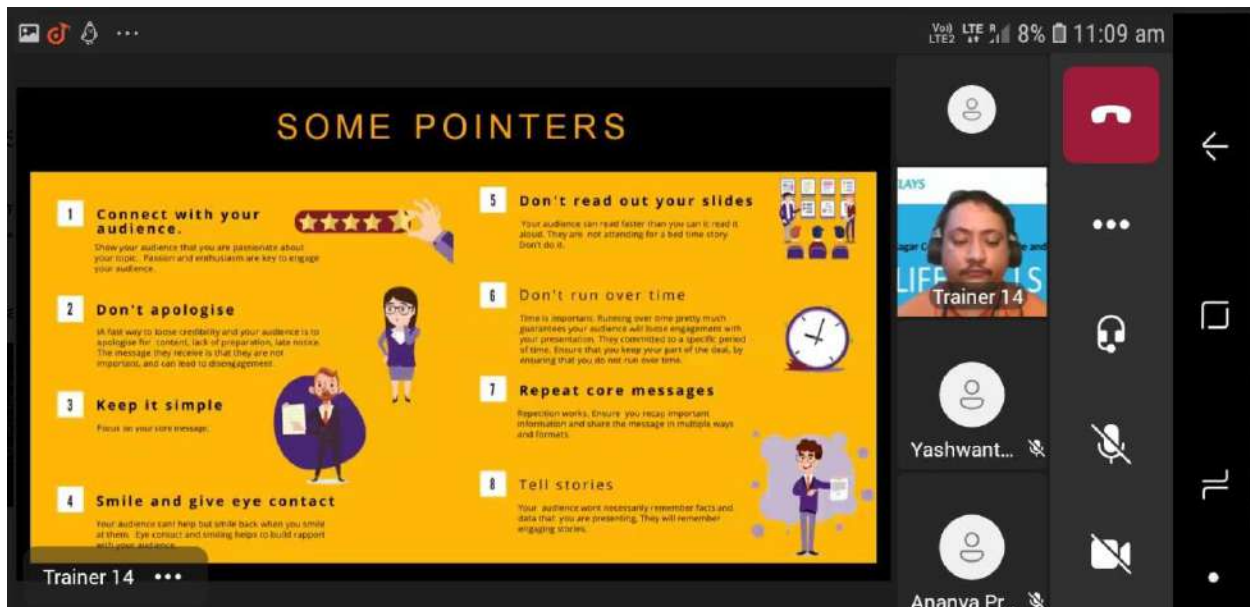


Photo 3: Some pointers for the students by speaker



Photo4 : Dealing with Anxiety

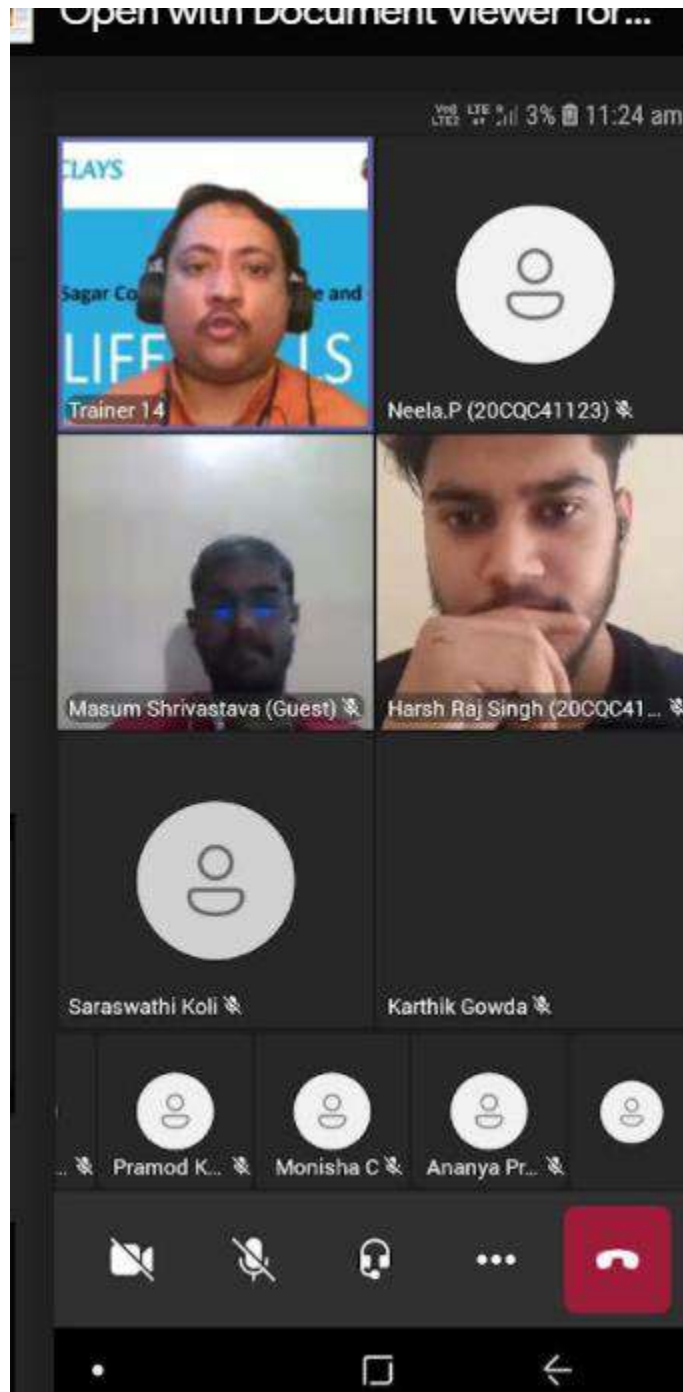


Photo 5: 2<sup>nd</sup> BCA students Masum and 2<sup>nd</sup> BBA students Harsh can be seen