

DAYANANDA SAGAR COLLEGE OF ARTS SCIENCE AND COMMERCE
Shavige Malleshwara Hills, Kumaraswamy Layout, Bangalore-560082
Internal Quality Assurance Cell (IQAC) Cell
WOMEN DIGNITY CELL- SHAKTHI

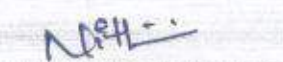
Department: BCA

Date: 24/5/24

Sl. No.	Particulars	Event related Details			
1.	Event*	Workshop for Women Students by Shakthi			
2.	Title of the Event	Be Your Own Boss (BYOB) Personality Development Workshop for Women			
3.	Date	24-5- 2024			
4.	Time	2:15 PM to 3:15 PM			
5.	Venue	Seminar Hall, Building No 17, Department of Computer Applications			
6.	Resource Person 1 Details**	Ms. Tanya Kushwaha Counselor and Psychotherapist, Whisper and Gillette Venus			
7.	Topics Covered	How to Be your own boss, How to improve confidence level in dressing and thinking, How to take care of your physical and emotional self.			
8.	Resource Person 2 Details**	NA			
9.	Topics Covered	NA			
10.	No. Faculty Participants	Internal:	5	External:	0
11.	No. Student Participants	Internal:	64	External:	0
12.	Faculty Coordinator/s	Name : Dr. Aruna Devi C Designation : Associate Professor & HOD -BCA Department : Department of Computer Applications, DSCASC Name : Nithya BN Designation: Assistant Professor Department: Department of Computer Applications, DSCASC			
13.	Student Coordinator/s	Harshitha (U03CJ22S0030) & Samanvitha Acharya (U03CJ22S0062), I Semester, IV Sem BCA			
14.	Total Expenditure	Nil			
15.	Sponsors and Amount (if any)	NA			


Sl. No.	Particulars	Event related Details
16.	Program Schedule of the Event attached?	NA
17.	Report uploaded on college website?	Yes
18.	Report sent to media? If yes, give details:	No
19.	Report uploaded in Social Media?	Yes
20.	Certificates Printed?	
21.	Feedback Collected?	Yes
22.	Attendance Sheet Attached?	Enclosed Below
23.	Summary of the Event	A "Be Your Own Boss (BOYB)" workshop at Dayananda Sagar College of Arts, Science and Commerce was directed at 64 women students. Led by Ms. Tanya Kushwaha from Whisper and Gillette Venus, it focused on mental resilience and physical well-being. Strategies included positive self-talk, goal-setting, and mindfulness. Discussions on personal grooming and body positivity were also held. Interactive activities aided in practicing confidence-building techniques. The session concluded with thanks and participants received goodies bags with Whisper sanitary pads and Gillette coupons. The event garnered appreciation, with attendees expressing interest in future workshops.
24.	Photographs of the Event	Enclosed Below


Cell Head


Event Coordinator


HOD


IQAC Coordinator
24/10/24


Vice-Principal

PHOTOS





Bengaluru, Karnataka, India
MCA Dept BU, 4th A Cross Rd, 1st Stage, Kumaraswamy Layout, Bengaluru, Karnataka 560078, India
Lat 12.907539°
Long 77.565729°
24/05/24 02:29 PM GMT +05:30

GPS Map Camera



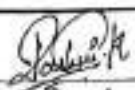
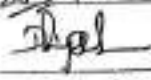
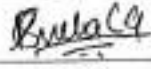
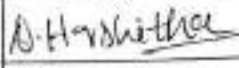
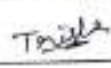
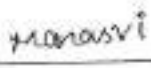
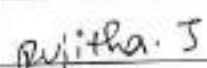
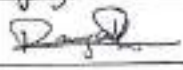
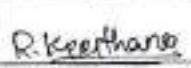

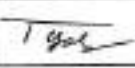
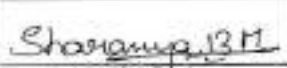
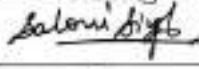
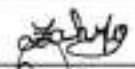
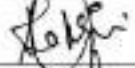

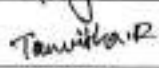



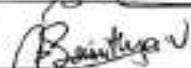
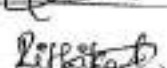
Bengaluru, Karnataka, India
WH58+26Q, 1st Stage, Kumaraswamy Layout, Bengaluru, Karnataka 560078, India
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Long 77.56562°
24/05/24 02:27 PM GMT +05:30

GPS Map Camera

DAYANANDA SAGAR COLLEGE OF ARTS, SCIENCE AND COMMERCE
 Department of Computer Applications - MCA
 Women Dignity Cell - "SHAKTHI"
 Workshop - "BYOB - Personality Development & Wellbeing"

Date: 24.05.2024
 Course : BCA

Sl. No.	REG.NO.	STUDENTS NAME	SIGNATURE
1.	U03CJ22S0040	Keethana . M	<u>Keethana</u>
2.	U03CJ22S0039	Keethana . M	<u>Keethana</u>
3.	U03CJ22S0009	Ashwini . M	<u>Ashwini</u>
4.	U03CJ22S0155	Bhavana . B	<u>Bhavana . B</u>
5.	U03CJ22S0156	A. Dev: Shalini	<u>A. Shalini</u>
6.	U03CJ22S0031	Hemu . L	<u>Hemu</u>
7.	U03CJ22S0042	Lekshmi	<u>Lekshmi</u>
8.	U03CJ21S0123	Nitisha Singh	<u>Nitisha</u>
9.	U03CJ21S0142	Ritika Baid	<u>Ritika</u>
10.	U03CJ21S0116	Serani Ann Shije	<u>Serani</u>
11.	U03CJ21S0113	Akanksha	<u>Akanksha</u>
12.	U03CJ21S0122	Nishmitha . M	<u>Nishmitha</u>
13.	U03CJ21S0086	Manasa	<u>Manasa</u>
14.	U03CJ23S0023	Srireksha . D	<u>Srireksha</u>
15.	U03CJ23S0111	Thelaha . N	<u>Thelaha</u>
16.	U03CJ23S0109	Tanushree . G	<u>Tanushree</u>
17.	U03CJ23S0095	Shalini	<u>Shalini</u>
18.	U03CJ23S0064	Palak Jangir	<u>Palak</u>

Sl. NO.	REG. NO.	STUDENTS NAME	SIGNATURE
19	U03CJ23S0079	Rashmi.K	
20	U03CJ23S0029	Dhivyodhaashini.F	
21	U03CJ23S0101	Breha C.G	
22	U03CJ23S0021 D. Harshitha	D. Harshitha	
23	U03CJ23S004 CH-T	CH. Trisha	
24	U03CJ23S0057	Manasvi NL	
25	U03CJ23S0038	J. Pujitha	
26	U03CJ22S0071	Ranga.K	
27	U03CJ22S0041	Kaanthana.R.	
28	U03CJ22S0080	Shwetha.N	
29	U03CJ22S0094	Tajawini.D	
30	U03CJ22S0081	Sharanya.B.M.	
31	U03CJ22S0136	Saloni Singh	
32	U03CJ22S0121	RIAZ HOUSSEN ZAHRA	
33	U03CJ22S0070	Rakitha.S	
34	U03CJ22S0064	Artya	
35	U03CJ22S0091	Tanvitha	
36	U03CJ22S0065	Jishitha	
37	U03CJ22S0083	Sonali Banu	
38	U03CJ22S0062	Samanvitha	
39	U03CJ22S0084	Seenithya	
40	U03CJ22S0072	Rishika	

(BCA)

Sl. NO.	REG. NO.	STUDENTS NAME	SIGNATURE
1.	072 (B' sec & 1 st sem)	Ridhika .k	Ridhika.k
2.	116 (B' sec & 2 nd sem)	Varshitha .G	Varshitha.G
3.	068 (B' sec & 2 nd sem)	Prakruthi .B	Prakruthi.B
4.	074 (B' sec & 2 nd sem)	KEERTHANA .R	Keertana.R
5.	086 (B' sec & 1 st sem)	Niveditha .S	Niveditha.S
6.	102 (B' sec & 2 nd sem)	Somya Rani Nayak	Somya Rani
7.	76 (B' sec & 2 nd sem)	Rachha Sinha	Rachha Sinha
8.)	109 (B' sec & 1 st sem)	Tanu Tharu .G	Tanu Tharu .G
9)	111 (B' sec & 2 nd sem)	Thirisha .N	Thirisha .N
10)	0023 (A' sec 2 nd sem)	Sarakscha .D	Sarakscha .D
11)	0095 (B' sec 2 nd sem)	Shalini	Shalini
12)	042 (A' sec II Sem)	Jyotsna .N	Jyotsna .N
13)	044 (A' sem II sem)	Lisha . M	Lisha . M
14.	002 (A' Sem II Sem)	Aradhya .N.G	Aradhya .N.G
15.	104 (B' Sec II Sem)	Swathi . B	Swathi . B
16.	'83 (B' Sec II Sem)	Rohana Patel .T.R.	Rohana Patel .T.R.
17.	099 (B' sec II sem)	Shwetha .k	Shwetha .k
18.	014 (A' sec II sem)	Bhoolika .R	Bhoolika .R
19.	049 (A' sec II sem)	Manasa .M	Manasa .M
20.	0087 (B' SEC II sem)	S. Tejaswini	S. Tejaswini
21.	V03F52150035 VI B	Vaishnavi Bai .G	Vaishnavi Bai .G
22.	V03CJ2150136 VI B	P.T.V Choudhary	P.T.V Choudhary
23.	V03CJ2150090 VI B	Vaishnavi .K	Vaishnavi .K

